

FOR IMMEDIATE RELEASE

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**NEW BOOK OFFERS A COMPLETE GUIDE TO NATURAL HEALING AND
REMEDIES FOR CHILDREN**

Leading Los Angeles children's homeopathic physician Murray Clarke presents holistic health solutions for today's most common chronic conditions.

November 22, 2010 – Santa Monica, CA –The last forty years have shown a global epidemic rise in children suffering from poor health and chronic health conditions. Almost one in five American children will live with compromised health for the rest of their lives.

Natural Baby—Healthy Child: Alternative Health Care Solutions from Pre-conception Through Childhood (Authority Publishing, ISBN-13 978-1-935953-05-0, \$19.95, paperback, 388 pages, November 2010) by Dr. Murray Clarke, ND., D.Hom., L.Ac, presents a rich range of options for both preventing and healing a variety of health concerns, from allergies to autism, asthma, ear infections, colds, flus, and ADD/ADHD, in a detailed but easily and quickly referenced style.

Clarke, who over the last 20 years has earned a reputation as the leading homeopathic physician for children in the Los Angeles area, said, "There is no doubt that the underlying causes of these chronic diseases include our polluted environment, unnatural diet, sedentary lifestyle, misguided allopathic/pharmaceutical medical treatments and elevated stress levels. It is crucial that parents learn to protect their children from anything that can obstruct or compromise their health, while supporting and improving health from within."

Natural Baby—Healthy Child utilizes diet, environmental detoxification, nutritional supplementation, and holistic modalities including homeopathy, naturopathy, osteopathy, chiropractic and acupuncture to help parents—from pre-conception to pregnancy, to the baby's first year through childhood—make the right health decisions for themselves and their child, naturally. *Natural Baby—Healthy Child* is an essential medical road map that will help keep children firmly on the path to robust, long-term good health and the realization of the full potential of body, mind and soul.

For additional information visit www.naturalbabyhealthychild.com

Natural Baby—Healthy Child is available on all major book seller sites.

Praise for Natural Baby—Healthy Child: Alternative Health Care Solutions from Pre-conception Through Childhood

"I have had the privilege of knowing Dr. Murray Clarke as a friend and colleague for over twenty years. I consider him to be the most knowledgeable alternative practitioner for children working in the field today. This volume is a masterpiece of thoroughly researched information delivered in a very readable style for parents as well as health practitioners who care for children. I predict this book will prove to be the definitive work on holistic healing for children and a must-read for all pediatric professionals who are sincerely dedicated to curing—not just suppressing—illness in children. I highly recommend it."

Kathleen K. Fry, MD, CTHHom.
Past President, American Holistic Medical Association

"Finally a book has come along that speaks to the real issues facing our children's well-being."

Phil Harrington, MD
Founder, Human Health Project

About Murray Clarke

Dr. Murray Clarke is a doctor of naturopathic medicine with licenses and doctorates in homeopathic medicine and Chinese medicine (including acupuncture and herbology) and is a leading homeopathic physician for children in the Los Angeles area. He is also the founder of ChildLife® Essentials.

About ChildLife® Essentials

ChildLife® Essentials specializes in formulating and manufacturing the first complete line of nutritional supplements exclusively for infants and children. These products are now distributed and sold in pharmacies, health food stores and Whole Foods stores throughout America, as well as internationally distributed in Europe, Asia and the South Pacific. For more information visit www.childlife.net.